Kobe Rib Eye

with an Herbed Spaetzle, Sauteed Green Beans & Shallots, Topped with Pine Froth



INGREDIENTS

For the Rib-Eye:

4 2-inch thick, 6-oz Kobe Rib-eye Steak

Shallot Herb Oil

- 1 Tsp Herbs de Provence
- 1 Tbsp Shallot, minced
- 2 Tsp Canola Oil

Mixed together, set 24 hours

Pepper Mix

- 1 Bay Leaf
- 1 Tsp Coriander Seed
- 2 Tbsp Black Peppercorn ground fine in spice or coffee grinder

For the Spaetzle:

2 cups wpaetzle
1/4 cups water
1 Tbsp. butter
Salt to taste

For the Green Beans:

1/2 lbs. green beans, trimmed 2 Tbsp. minced shallots 1 Tbsp. toasted sesame seeds

1 Tbsp. butter ½ cup vegtable stock Salt to taste

For the Pine Froth:

1 inch sliced cucumber

1 cup water

2 tsp pine needles,

chopped fine

2 tsp soy lecithin

1 ½ tsp cream

DIRECTIONS

For the Rib-Eye:

Brush each side of steak with shallot herb oil and season generously with Kosher salt and pepper mix.

Over medium high grill, grill ribeye one minute, flip steak over and grill over again making sure to align the grill marks perpendicular to the grill and grill one minute. Flip and repeat last step again for one minute.

Remove steak from grill and rest on a rack lined tray for five minutes. Next, bake the steaks in a 450° F oven at two minute intervals until steak begins to firm slightly an the internal temperature comes to 120° F. Rest steak fifteen minutes, it should have carried over to 130° F for medium rare and have come down in temperature to an internal temperature of 105° F. Serve warm immediately.

For the Spaetzle:

In saute pan warm all ingredients together until spaetzle becomes glazed with butter, season to taste with salt.

For the Green Beans:

Set aside one large bowl of ice water. Bring one gallon of water salted like the ocean, to a full boil. Add green beans to boiling water and blanch two to three minutes until just tender, remove immediately and shock in ice water.

In saute pan, combine green beans and rest of ingredients, season well with salt and cook on high until liquid reduces, thickens and beans become glazed.

For the Pine Forth:

Puree in blender on high very well. Strain through fine filter. Use emersion stick blender to aerate pine foam.

specialty of:

Executive Chef Jonathan Justus

Justus Drugstore...A Restaurant

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