BRGR & Out-n-in Burgers



INGREDIENTS

For the BRGR:

8 oz ground beef patty1 T caramelized onions

DIRECTIONS

For the BRGR:

Set a medium non stick sauté pan over medium high heat. Mix well until onions are evenly dispersed throughout the meat. Cook on a griddle or grill on high heat until cooked to desired temperature.

For the Caramelized Onions:

1 white onion, small diced

1 T butter

½ t kosher salt

½ t ground black pepper

For the Caramelized Onions:

Toss onions in salt and pepper, melt the butter and toss onions until soft and golden brown.

For the Out-n-In:

Two 4-oz beef patties

1 slice fontina cheese

1 T lettuce

1 slice ripe tomato

3 to 5 dill pickle slices

1 T diced white onion

For the Out-n-In:

Place one 4 oz patty on a prep surface, top with slice of fontina, lettuce, tomato and pickles. Place other 4 oz patty on top and pinch edges to create a seal completely around the burger. Reshape into a circle cook on a griddle or grill on high heat until cooked to desired temperature.

